

WCHD and MDHHS COVID Guidance (Subject to Change)

Updated Fall guidance is pending. WCHD and Wayne RESA recommend that schools follow the March 2022 guidelines.

MDHHS has identified Michigan in the post-surge recovery phase.

Introduction

Persons with COVID-19 are:

- to isolate
- to wear a highly protective mask
- encouraged to inform close contacts that they have been exposed

Quarantine

Persons who are exposed to COVID are no longer required to quarantine for 5 days but must wear a mask and monitor for COVID-like symptoms for at least 10 days.

Persons (regardless of vaccination status) exposed to someone who is positive for COVID-19 should:

- Conduct symptom monitoring for 10 days.
and
- Test (if possible) at a minimum of 5-7 days after exposure and if symptoms develop.
and
- Consider wearing a well-fitted mask for 10 days.

Masks are required for persons living with someone who is confirmed positive.

Persons who are immunocompromised or at high risk for severe disease should consider avoiding non-essential indoor, public activities.

Isolation

Persons (regardless of vaccination status) who test positive for COVID-19 (or have COVID symptoms without an alternative diagnosis and/or negative COVID test), must self-isolate at home for a minimum of 5 days.

- Day zero (0) is the day of symptom **onset** or the day the positive test sample was collected (if there were no symptoms).
- The isolation period ends at midnight on the last day of the isolation period.
- The last day of isolation is usually Day 5 but may be a later if symptoms have not improved or fever has not resolved for at least 24 hours without the use of fever-reducing medication.
- Persons with no symptoms OR symptoms have improved AND they have been without fever for at least 24 hours without the use of fever-reducing medications, may leave isolation AFTER 5 days while wearing a well-fitted mask (surgical or KN95 preferred) for Days 6-10.
- If a mask cannot be worn, the individual **MUST** isolate at home a full 10 days.
- If symptoms do not resolve, continue isolation for Days 6-10.

If severe symptoms or complicated medical history, follow the recommendations of healthcare provider and complete at least 10 days of isolation.

Travel

Follow local CDC and health departments recommendations. Testing or quarantine after travel is no longer mandated (unless known exposure or symptoms develop).

Please note that HPS...










- is not offering weekly COVID testing for the 2022-2023 school year.
- will no longer have a COVID BANK and all absences will now be covered by individual sick banks.
- will continue to obtain home tests for staff and students through MDHHS’s Backpack Program.
- will provide disposable masks and encourage frequent hand washing/use of hand sanitizer.
- must report persons who test positive for COVID-19 (PCR or antigen test) to WCHD.

As recommended by the CDC and the WCHD, contact tracing is no longer required for any cases. Individuals are encouraged to take precaution, monitor for symptoms, and get tested if they have been exposed to COVID-19.

Hamtramck Public Schools (HPS) will monitor for WCHD and MDHHS recommendations and COVID-19 statistics.

Wayne County COVID Statistics:

https://covidactnow.org/us/michigan-mi/county/wayne_county/?s=38962644

	Who is Impacted	Public Health Recommendations
<p>Isolation Has COVID-19</p>	<p>Any individual who tests positive for COVID-19 and/or displays COVID-19 symptoms (without an alternate diagnosis or negative COVID-19 test) regardless of vaccination status.</p>	<p> Isolate at home for 5 days; and</p> <p> If symptoms have improved or no symptoms developed, may leave isolation after day 5 and wear a well-fitted mask, for 5 more days (ending after day 10).*</p> <p><i>If positive with no symptoms, monitor for symptoms for 10 days as well.</i></p>
<p>Quarantine Exposed to COVID-19</p>	<p>Personal or household contact, regardless of vaccination status, exposed to someone with COVID-19 (see definition below).</p>	<p> Monitor symptoms for 10 days.</p> <p> Test 3-7 days after exposure or if symptoms develop.</p> <p> Wear a mask around others for 10 days after exposure.**</p> <p> Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals.***</p>
	<p>Other exposure (from community, social, work setting).</p>	<p> Monitor symptoms for 10 days.</p> <p> Consider wearing a mask around others for 10 days after exposure; at a minimum, mask in settings with higher risk of exposing vulnerable individuals.***</p> <p> Test if symptoms develop.</p>

* If a mask cannot be worn, recommend 10 days of home isolation.
 ** If a mask cannot be worn, individual should home quarantine for 10 days. A Test to Stay protocol may also be developed in partnership between school and local health department.
 *** Activities with immunocompromised or other high-risk individuals, social/recreational activities in congregate settings.

Personal/household contacts include individuals who share living spaces, including bedrooms, bathrooms, living room and kitchens. It also includes those who live together, sleep over, carpool or have direct exposure to respiratory secretions from a positive individual. This would include exposure in childcare settings for those under 2 years of age.

